

CENTER FOR CHRONICAL PELVIC PAIN

CLINIQUE DU MONT LOUIS
8 RUE DE LA FOLIE REGNAULT
75011 PARIS

6 RUE BACHAUMONT
75002 PARIS

RECEPTION TEL: 01 48 42 18 61

Doctor Mansour Khalfallah

Neurosurgeon, Pain Physician

Ms Fabienne Asiani and

Ms Aude Caucheteux

Clinical psychologists

Ms Martine Cornillet-Bernard

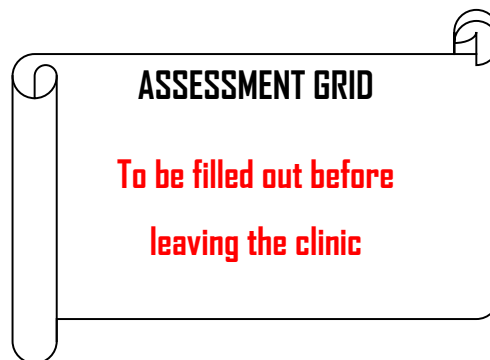
Masseur, Physiotherapist

Mr Gautier Lartigues

Physiotherapist, Osteopath

Surname:..... **First name:**..... **Date of birth:**.....

Phone number:..... **Email address:**.....



An injection will be performed


The goal of the injection is to give a diagnosis. It is called the **block test**, or immediate effect.

It may also cause lasting pain relief: the therapeutic or delayed effect.

In order to evaluate the immediate effect as accurately as possible, you need to prepare before the injection by identifying a position that always causes perineal pain for you. You should reduce or stop taking analgesics a few days before the assessment.

For injections of the pudendal and cluneal nerves, corticosteroids are no longer used because they offer no proven additional benefits as compared to using only anaesthetic.

For other injection locations (adhesiolysis, joint branches, impar ganglia, coccyx, etc...) they are still used.

 After the injection, please make your way to the waiting room at the reception, and put yourself in a position which is normally painful (e.g. sit down for the pudendal nerve; choose a type of chair that normally hurts).

Please stay in this position, which is normally painful, for 1 hour and note the intensity of your pain in this assessment grid. At the end of your assessment, please give it back to us **before leaving**, by sending it to this address:

sec2.khalfallah@yahoo.com

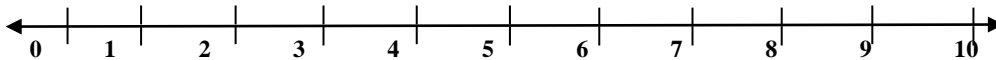
The results will be analysed in a consultation or teleconsultation in the next 15 days.

Using the visual analogue scale

We would like you to use a scale to measure the intensity of your pain, by putting a cross as shown in the example below.

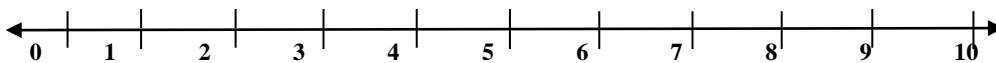
YOUR ASSESSMENT:

Pain 1 hour BEFORE the injection, in a position which is normally painful

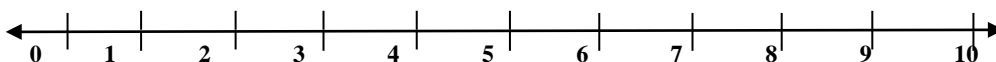


Pain just AFTER the injection, in a position which is normally painful

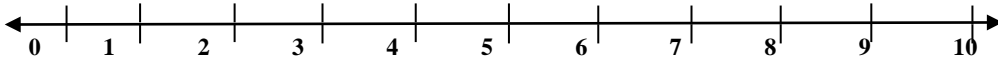
5 min



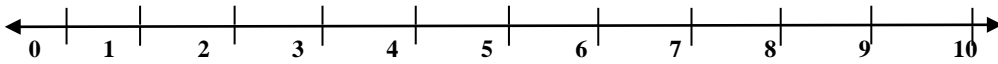
15min



30 min



The worst pain felt after 1 hour:



Comments: -----

4
